

# *St. John Bosco Conference*

## *Young Adults Track*



The vision of St. John Paul II in inaugurating World Youth Day, developed into a decades-long challenge to the Church to call each generation of youth and young adults to the heights of sainthood. This apostolate to the future is at the heart of renewal. offers a three-part set of workshops targeted to the unique world of the young adult, ages 18-35. Any effort to evangelize and make disciples of young adults must start with a carefully-formed Catholic worldview and a genuine missionary mindset. Workshops explore the essential elements for developing and growing in faith as a young adult, and effective guidance for those in ministry to this age group. Particular attention is given to sustained long-term growth in the spiritual life, not just short-term gains.

### **Registration and Attendance**

Conference participants who wish to register for this track may should do so at the Conference Registration tables at check-in, or online prior to the Conference.

### **Track Structure**

Also provided for you is a summary of the structure of this track. As with all of the tracks at the St. John Bosco Conference, some of the workshops are taught at the Conference, and some will be available online as well. Eventually, as our filming and post-production schedule permits, all of this track's workshops will be available online at: [www.franciscanAtHome.com](http://www.franciscanAtHome.com)

After the Conference, please turn in the Check-off Sheet for Track Participants to the Catechetical Institute table at the back of the fieldhouse's main event space.

Once you return home after the Conference, if you've not already done so, please use the sheet you were given to log onto [www.franciscanAtHome.com](http://www.franciscanAtHome.com) using the free code on that sheet.

Questions regarding the track may be directed to the Catechetical Institute at 83-5, or by email [ci@franciscan.edu](mailto:ci@franciscan.edu).

*We look forward to meeting you at the Conference, and to serving you!*



# Young Adults (YA) Track

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## Trusting God as a Young Adult (12 hrs)

### KNOWING GOD

1. The Trinity
2. The Father, Origin & Desire of All Souls
3. The Most Important Life: Gospel Patterns of Jesus' Life
4. The Holy Spirit, Converter of Hearts
5. Introduction to the Old Testament
6. Introduction to the New Testament

### KNOWING GOD'S WAYS

7. The Sacramental Economy
8. Scripture: The Big Picture
9. Pedagogy of Revelation & the Response of Faith
10. Praying with Scripture: *Lectio Divina*
11. The Deposit of Faith: An Introduction to the Catechism
12. The Blessed Virgin Mary

## Discovering God's Call as a Young Adult (12 hrs)

### KNOWING MYSELF

1. The Human Person: God's Masterpiece
2. The Catholic Vision: *Christifidelis laici*
3. Personal Development: Greatest Hopes & Fears
4. Personal Development: Spiritual Docility & Openness
5. Personal Spirituality & the Call to Holiness
6. The Catholic Vision: Theology of the Body

### SEEKING MY VOCATION

7. The Universal Call to Holiness
8. Vocational Spirituality
9. Joy Amidst a Media-Saturated Life
10. Spiritual Combat
11. Feminine Spiritual Models
12. Masculine Spiritual Models

## Campus Ministry Certificate (12 hrs + 2 electives)

### FOUNDATIONS

1. Developing a Missionary Mindset
2. Principles of Ministry Growth
3. Prayer: The Foundation of Mission
4. Missionary Benchmarks
5. Self-Care for Campus Ministry

### CULTURE & CONTEXT

6. Reaching Every Person: Introduction to LSO (Large Groups, Small Groups, One-on-One)
7. Leadership Development for LSO
8. Developing an Effective Retreat Culture
9. Ministry on a Catholic Campus vs. a Secular Campus

### FORMATION OF YOUNG ADULTS

10. The Kerygma: Key Doctrines
11. Discipleship: The Key to Multiplication
12. Effective Delivery of the Basic Gospel

*Individuals taking this track may take these workshops in any order, as desired, although we recommend that they be taken in order. These core and elective workshops would all be available to take as enrichment by individuals in any other course or track.*

## SPECIAL FOCUS: YOUR FAITH

1. The Existence of God
2. The Problem of Evil
3. Revelation: Scripture & Tradition
4. Christ: His Person & Works
5. Catechesis on Creation
6. The Four Last Things
7. Ten Commandments & Beatitudes
8. Sin & Virtue
9. Apostolicity & Authority in the Church
10. Freedom, Grace, & Related Moral Issues
11. Faith & Reason
12. Our Life in Christ: The Basics of Catholic Morality
13. Catholic Social Teaching
14. The Sacrament of Baptism
15. The Sacrament of Confirmation
16. The Sacrament of Eucharist
17. The Sacrament of Reconciliation
18. The Sacrament of Anointing of the Sick & Redemptive Suffering
19. The Sacrament of Matrimony
20. The Sacrament of Holy Orders

## SPECIAL FOCUS: FAMILY

1. The Catholic Vision: The Community of the Family
2. Domestic Church & School of Holiness
3. Wife & Mother
4. Husband & Father

5. Domestic Church & School of Holiness
6. Parental Fortitude & Sunday Spirituality
7. Child Saints
8. Godly Discipline

## SPECIAL FOCUS: SERVING & LEADING

1. The Kerygma: Catholic Distinctives
2. Being Guided & Guiding Souls
3. Personal Development: Your Spoken Testimony
4. Adult Catechetical Methodologies & Learning Styles
5. Discipling Adults
6. Conversion: How Faith Grows or Withers
7. Conversion: Evangelizing Catechesis
8. Conversion: The Role of Suffering & Crisis
9. Conversion: Cultural Barriers & Cultural Helps
10. The Gospel of the Holy Spirit: Evangelization Priorities in the Book of Acts
11. Engaging with Culture: Principles
12. Engaging with Culture: Difficult Topics
13. Essential Link Between Liturgy & Catechesis
14. Catechetical Mentorship
15. Mentoring in Ministry
16. Spiritual Friendship & Companionship
17. Signs & Stages of Conversion
18. Personal Vocation & the Mentoring Relationship
19. Building the Mentoring Relationship: Asking Good Questions
20. Building the Mentoring Relationship: Empathic Listening

21. Formation work with Men
22. Formation work with Women
23. Spiritual Accountability
24. Teaching Catechesis for Conversion
25. Pastorally Supporting Marriages: Helping Engaged Couples
26. Pastorally Supporting Marriages: Helping New Parents
27. Pastorally Supporting Marriages: Helping Marriages with Programming & When in Crisis
28. Small Group Facilitation

## SPECIAL FOCUS: PROFESSIONAL GROWTH

1. Introduction to Organizational Health: A Critical Component of Success
2. How to Avoid Bad Meetings: A Strategy for Healthy Leadership Teams
3. Effective Communications, Internal & External
4. Balancing Life & Ministry as a Professional: Finding & Implementing a System that Works For You
5. Generational Traits of Leaders that Impact Relationships & Ministerial Understanding
6. Using Perceivers (M-Core, Myers Briggs, temperaments, spiritual inventories, charisms, etc.): Self-Awareness & Self-Knowledge