

DISCIPLESHIP QUAD BASICS

WHAT IS A DISCIPLESHIP QUAD?

A Discipleship Quad is a group of four people who journey together as disciples through weekly gatherings of fellowship, ongoing conversion, and learning. This 12-month path of accompaniment fosters growth through prayer, accountability, and authentic relationships. The process may take a few months longer than a year, depending on how often the group needs to reschedule and how quickly they go through the material.

All members of a Quad should be of the same sex to create an atmosphere of intimacy and vulnerability for sharing. Each Quad has a Coordinator, who serves the temporal needs of the Quad and helps facilitate the conversations by modeling authenticity. The Quad Coordinator is the person who starts the Quad.

This process of discipleship is initiated by the Quad Coordinator, though the journey of discipling that takes place in the community formed by the four members of the Quad. It could be described as peer-to-peer discipling, in that it does not have a hierarchical structure, where one leader is passing along his or her knowledge to the others. Rather, a Discipleship Quad is made up of four people who are committed to growing closer to Jesus as his disciples by learning together, sharing life in community, and creating a place for accountability in this journey.

WHO IS A DISCIPLESHIP QUAD FOR?

A Discipleship Quad is for any person who has a desire to grow in faith as a Catholic and will commit to adhere to all components of the Discipleship Quad Commitment (see Page 5). A Quad can be made up of people at any level of spiritual maturity, from long-time, committed Catholics to those who are just beginning their spiritual journey with Jesus. In addition to growing as disciples, Quad members should desire to be formed as disciple-makers.

THE BENEFIT TO THE INDIVIDUAL

The benefit of a Discipleship Quad to each individual person is knowing the love of Jesus Christ and deepening a relationship with him. Those who have experienced that love and made the decision to follow Christ would never go back to a life without him. The reason for this is that their lives were changed forever after knowing his unconditional love. The truth is that this life is available to everyone who genuinely wants to grow in faith—who wants a relationship with our Lord and Savior. The Discipleship Quad is a proven way to help others experience such a relationship.

Jesus is critical to our ongoing growth in faith and, as such, our peace, joy, and fulfillment in life. Community, and fellowship with those on the same journey are also important. As part of a Discipleship Quad, you will get to learn with and from others, pray for and with one another, and share life with those who will become good friends, in an otherwise incredibly busy and complicated world.



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