

# Discipleship Quad Informational Meeting

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\*Prior to giving this talk, please familiarize yourself with the resources on <https://steubenvilleconferences.com/discipleship-quads/>, especially the documents titled: “How to Start a Quad” and the “Guidebook Part 1”.

## The Need:

- Jesus calls us
  - Discipleship is more than just being a follower of Jesus, but rather being a disciple maker as well – responding to the Great Commission (Mt 28:19-20) to “Go and make disciples...”
  - DQ provides a simple process to form (make) disciples while also forming yourself.
- Community and fellowship
  - People are lonely and need authentic friendships.
  - DQ provides weekly engaging connection and accountability.
- Unique programming
  - Many Catholic Christians have done Bible studies, but this is different.
  - DQ curriculum in the Guidebook Parts 1-4 provides study of Scripture, Church teaching, morality, and weekly practical goals for growth.

## Based in Research:

- Franciscan University developed Discipleship Quads based on researching over 50 organizations (both Catholic and Evangelical)
  - Looked for a model that resulted in spiritual multiplication, substantively proven over a period of time
- Discovered micro groups – developed by Greg Ogden 35+ years ago – based in Scripture (Greg Ogden’s book recommendation: *Transforming Discipleship*)
- After studying Greg Ogden’s methodology and process, they consulted with him to determine exactly what were the crucial elements that resulted in forming disciples that were also disciple makers. From these discoveries, developed the Discipleship Quad process.

## Discipleship Quads Basics:

- 4 people of same gender
  - 1 person prayerful decides to invite 3 other people
- The process is to go through a discipleship curriculum outlined in Guidebook’s parts 1-4
  - Meet weekly as a group for 90 min
  - 45-60 min prep each week
  - 44-week process
- Intention is for each person to seriously consider starting their own Discipleship Quad after they complete the process.

## What makes Discipleship Quads unique from other small groups/discipleship processes:

- Free – everything, including the curriculum, is free
  - The Guidebooks can be purchased on Amazon, as a print on demand book, if you would rather not print it on your own. But the downloadable pdf option is always free.

- Simple process – anyone can start a Quad without additional training. Easy to follow the step-by-step process.
- Prayerful Invitation
  - Once a person has decided they want to start a group, the next step is prayer. Make a list and invite three people. Outlined in the “How to Start a Quad” downloadable guide.
- Intentionality of Spiritual Multiplication from the Outset
  - Communicated through a covenant – which lists what the group is committing to.
  - One of the points in the covenant is that they would give serious consideration to continuing the discipleship chain by committing to invest in other people for another year following the completion of the group.
  - Expectation and intention for reproducing the groups is made clear from the beginning.
- Rotation of Facilitation
  - Within the process there is an opportunity for each member of the group to take a turn facilitating/leading the discussion.
  - Therefore, upon completion of their time together, each person has experienced leading, which empowers them and minimizes the fears associated with going forth to lead their own groups.
- Genuine Fellowship
  - With a group size of four people, genuine fellowship and vulnerability comes very easily.
  - First two gatherings – share their stories of their journey with God.
  - At weekly gathering – first 30 min is update on life and accountability to last lesson’s practical application and then 60 min to discuss content reflection questions prepared ahead of time.
  - Provides enough people to increase accountability and fellowship but not so many people that intimacy would be lacking.
- Catholic Discipleship Curriculum – The Discipleship Quad Guidebook
  - The curriculum begins by stating the kerygma (giving an opportunity to make/renew an adult commitment to Jesus at the end of Part 1) and then goes into the disciplines of a disciple, concluding with the call to go forth and share the faith with others in a discipling relationship.
  - Focuses on the formation of a disciple through catechetical content, Scripture, practical application, self-assessment, and accountability.
  - Intended to take a year to go through material (44-week curriculum) - The time spent together is important because it provides the required time to develop intimacy with others as well as provide the opportunity for a long intellectual and spiritual soak in the transforming power of the content within the curriculum.

**Personal Experience/Witness:**

- Share your personal experience with a Discipleship Quad addressing common fears, reactions from others, benefits to you personally, etc

**Question and Answers:**

- Offer a time of Q&A
- Consider going through the Q&A from the “How to Start a Discipleship Quad” document and offer best practices.

\*\*\* A Spanish translation of the Guidebook and other resources are available on the Discipleship Quad website: <https://steubenvilleconferences.com/discipleship-quads/>